

Elgin St. Thomas Site
Administrative Office
1230 Talbot Street
St. Thomas, ON
N5P 1G9

Woodstock Site
410 Buller Street
Woodstock, ON
N4S 4N2



June 10, 2024

The Nurse-Family Partnership service at Southwestern Public Health

In partnership with the Healthy Babies Healthy Children program, Southwestern Public Health will offer a nurse-led service this fall to support eligible individuals who experience financial or social hardship and are pregnant with their first child or preparing to become a first-time parent.

- Details:
 - Enrolled clients are paired with a Public Health Nurse until the child reaches 2 years of age to support them in healthy practices during pregnancy, developing safe and nurturing parenting skills, understanding how to access community resource supports, developing life skills such as budgeting and managing stress, and more.
 - There is no cost to the client to access this support.
- Eligibility: Interested individuals can self-refer or be referred through their health care practitioner. Eligibility is validated for individuals who are:
 - 24 years of age or younger
 - Pregnant with their first child OR pregnant and preparing to become a first-time parent
 - 28 weeks' pregnant or less
 - Experiencing social or financial hardship
 - Living in Elgin County, Oxford County, or the City of St. Thomas
- How the Nurse-Family Partnership complements public health's Healthy Babies Healthy Children program:
 - Healthy Babies Healthy Children has a wider eligibility scope than the Nurse-Family Partnership.
 - The Nurse-Family Partnership is targeted to specific age groups (24 years of age or younger) who are pregnant for 28 weeks or less, and only available to those who are first-time pregnant or becoming a first-time parent and are experiencing social or financial hardship.

- The Nurse-Family Partnership also ends when the baby turns 2 years of age, while Healthy Babies Healthy Children ends when a child enters school.
- Clients cannot be enrolled in both the Healthy Babies Healthy Children program and the Nurse-Family Partnership at the same time.
- Referrals:
 - An online referral form will be available in September for the fall.
 - **If you have a client who could benefit from the Nurse-Family Partnership earlier than that, please call 1-800-922-0096 to connect with a member of the Healthy Growth & Development Team.**
 - Learn more at www.swpublichealth.ca/nursefamilypartnership