

ATTENTION How are you feeling?

Do you have any new or worsening symptoms?



Fever or chills



Cough



Trouble breathing



Loss of smell or taste



Rash



Sore throat



Headache



Body aches/ very tired



Nausea, vomiting or diarrhea



Runny or stuffy nose

Do your part to protect others. Stay home if you are ill. Talk to your health care provider if your symptoms are severe.

1-800-922-0096 swpublichealth.ca

