

Whipped Cream

Ingredients

YIELDS: 4 cups PREP TIME: 30 minutes

- 1-473ml carton of whipping cream
- ¼ cup (60 ml) icing sugar
- 1 tsp (5 ml) vanilla extract

EQUIPMENT: Electric mixer / large mixing bowl / liquid measuring cup / measuring spoons / spatula

Directions

- 1) Add whipping cream, icing sugar and vanilla extract to a bowl.
- 2) Using the electric mixer (fitted with a whisk attachment if available), whip the ingredients for 4-5 minutes until medium peaks form.

..... Chef's Tip

You can tell the whipped cream is ready by how it makes peaks. For medium whipped cream peaks, look for little peaks that bend over a bit at the tips when you lift the beater from the bowl.

Let's Get Cookin'!

