

COVID-19 (Novel Coronavirus) Food Access Oxford

Emergency Food and Free and Low-Cost Meals in Oxford

August 10, 2020

Emergency food access programs in Oxford:

Program	Status
Adelaide Soup Bowl Woodstock	No service. 519-537-5261
St. Paul's United Church Tillsonburg	Cancelled. 519-688-0011
St. Paul's Presbyterian Church Ingersoll	Lunch bunch bagged outside – Wednesday. 519-485-3390
Lunch Brunch and STITCH Supper Club Ingersoll	Wednesdays 4-6pm at St. Paul's Church, delivery recommended. Call 519-425-1267 to register.
Angel Breakfast	Cancelled. 519-537-7935
Trumpet of Truth - The Refuge	TAKE OUT: breakfast Monday to Friday @ 9:30AM. Lunch Monday AND Friday ONLY @ 12:30PM. 425 Dundas Street.
Operation Sharing Food for Friends – Ingersoll	Food cards are given out Tuesdays and Thursdays 9-12:00pm 118 Church St., Ingersoll (Trinity United Church)
Operation Sharing Food for Friend – Woodstock	Food cards are given out on Monday, Wednesday and Friday 9-12pm 22 Wilson St. Woodstock (College Ave United Church) 519-539-3361
Bullwinkle's	TAKE OUT – Tuesday and Thursday from 11:45-1:30PM Cost \$1.00 College Ave Church, 22 Wilson St.
Avondale United Church	Not in operation. 519-842-5532

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VON Meals on Wheels	Running using frozen meals and 1 day hot meals at a cost of \$6.50-\$6.60/meal. 519-539-1231 ext. 0
Helping Hands Food Bank Tillsonburg	Open Wednesday 12:30-4:00PM, please call 519-688-3434. Location 55A Broadway St. Please have ID ready. Clients will be given a number and will wait outside until called, 1 client in at a time.
Salvation Army Woodstock	By appointment on Monday, Wednesday and Fridays from 9:00 AM - 12:00 PM and 12:30 PM – 3:00 PM 519-539-6166, 190 Huron St.
Salvation Army Tillsonburg	Foodbank by appointment only. 155 Broadway St., upstairs 519-842-4447 ext. 104 or email suzen_nagy@can.salvationarmy.org
Salvation Army Norwich	Foodbank by appointment only. Delivery available. 519-863-6375 or 519-532-2935
Salvation Army Ingersoll	Foodbank Tuesday and Thursday 12-4pm by appointment only. 48 Charles Street W, Ingersoll 519-485-4961
Tavistock Assistance Program	Awaiting response. 519-655-3500
Operation Sharing - The Inn	Open year round. Doors open at 7:30 PM. Located at the Old St. Pauls Anglican Church, Woodstock. Contact 519-539-3361.
Help Your Community	“Help Your Community” provides food for those who can’t obtain essential items during the COVID-19 pandemic. Companies and individuals can donate to Help Your Community. Donations will be used to buy a wide range of essential grocery items from at greatly reduced prices from some of our sponsors. Products that will be purchased will be donated directly to families in our community once a week, or to The Helping Hand Food Bank in Tillsonburg and Norwich. Register online at https://helpyourcommunity.ca/

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Student Nutrition Program/United Way Oxford Partnership for Families Needing Food	If you are struggling with getting food for your family, please contact the United Way of Oxford at info@unitedwayoxford.ca or 519-539-3851 (1-877-280-1391).
Cycles of Life – Community Outreach Table	Open Sunday, Monday and Thursday from 1:00-3:00PM at 426 Dundas St located in Imogene’s side of the Women’s Employee Resource Center. Open Tuesdays from 1:00-3:00PM in Ingersoll located in Heritage Court (beside the gazebo). Non-perishable food items, fruit/vegetables and toiletries are available for pick up.
Inter-Church – Ingersoll	Ingersoll and District Inter-Church (IDIC) together with the Ingersoll Community Foundation (ICF) are reaching out to community individuals and families who are in need of assistance and/or essential items during this pandemic. If you need assistance, call IDIC 519-933-7730 and leave a clear message with your name and phone number and they will return your call.
River of Life	Take Out Tuesdays 5:00-6:30pm 415 Dundas St., Woodstock
Helping Hands Blandford-Blenheim Food Bank	Contact 519-594-1305 for assistance.
Ingersoll Seniors Centre Grocery Buddy Program	Seniors can call the centre, give their shopping list and volunteers will get it and deliver. Frozen meals are also available (pick up at the door, no need to leave your car). (519) 485-3869
Tavistock Assistance Program (TAP)	An organized network of shoppers will do your grocery shopping at Sam’s ValuMart in Tavistock and area. If you are able to pay, an e-transfer can be made but if you are unable to pay, TAP will cover the purchases for the groceries and delivery. Deliveries are porch drop off only. If you are interested in this program, please email tapisforyou@outlook.com or leave a message on our phone 519-655-3500.
St. Vincent De Paul’s, St. Marys	Providing emergency food when needed. Call 519-842-3224 ext. 4
Faith Presbyterian Church	Providing meals each Friday (emergency meals upon request). Text/call 226-883-0585

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Oxford Community Support Services Network	Are you a senior or adults with a disability who needs help? Do you know someone who does? Support is available through Grocery Buddy Programs, Meal Delivery Programs, Wellness Checks, Care Giver Assistance and more, call 1-888-866-7518. For other community members in need of support, call 2-1-1- for information and referrals
United Way Oxford – Food For Families Program	Families that have school aged youth register to apply for grocery cards. Call 519-539-3851

Grocery stores in Oxford that provide delivery and pick up services

Price for services will be categorized from least expensive (\$) to most expensive (\$\$\$\$)

All services that provide delivery have the option to deliver to multi-unit dwellings (i.e apartments).

Program	Description
AJ Indian Grocery Store Inc	No delivery or pick up services available at this time.
Bre's Fresh Market	Will not be opening until June 1 st . Please call for updates on services.
Country Table, Tillsonburg	Provides pick up service at the front door. Please call ahead to create your order 519-688-2662. Cash, credit/debit options available. \$
Food Basics Woodstock	No pick up or delivery options at this time.
Foodland Ingersoll	Pick up and delivery options available. Please call to create your order 519-485-1430.
Foodland Woodstock	No pick up and delivery options available at this time.
Foodland Norwich	No pick up and delivery options available at this time.
Giant Tiger Ingersoll	No pick up or delivery options at this time.
Great Canadian Dollar Store	No pick up or delivery at this time.
McKay's Embro Food Market	No pick up or delivery at this time.
Metro Tillsonburg	No pickup or delivery at this time.

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S&D Country Market Tillsonburg	Please call to create your order 519-550-6237. Will provide pick up and delivery services. Cash, credit/debit payment options available at this time. \$
Sam's Valu-Mart Tavistock	No pickup or delivery at this time. In the process of creating delivery services. Please call for updates to their services 519-655-3935.
Scotts NoFrills Woodstock	No delivery or pickup options at this time. PC Express unavailable at this site.
Sobeys Woodstock	No pickup or delivery at this time. Please call for an update in service options 519-421-3340.
Sobeys Tillsonburg	Monday delivery option available at this time. Will deliver to multiunit dwellings. Price \$10.00 flat fee, credit card only for Tillsonburg area only. Please call 519-688-1734 to create your order. \$\$
Tremblett's Independent Grocers	PC Express pickup and delivery available. Please go to the website to create your order. Once you are ready to check out your PC Express order, please put in the comment section as pickup or delivery https://www.yourindependentgrocer.ca/ Prices vary for delivery; \$5.00 fee within Ingersoll and a flat fee of \$10.00 for delivery outside of town. If you do not have access to a credit card, please call this number 519-425-4406 ext. 6 to create your order by phone. \$\$
Walmart Woodstock	Pick-up services available. Please go to the website to create your order and select "pick up" at check out. Limited pickup times available, please create your order in a few days in advance. There will be 8 designated parking spots for individuals who have made a pickup order. Payment is only accepted by credit or debit. Please see additional details on the website https://www.walmart.ca/en/grocery/N-117 For more questions, please call 519-539-5120. \$
Walmart Tillsonburg	Pick-up services available. Please go to the website to create your order and select "pick up" at check out. Limited pickup times available, please create your order in a few days in advance. There will be 8 designated parking spots for individuals who have made a pickup order. Payment is only accepted by credit or debit. Please see additional details on the website https://www.walmart.ca/en/grocery/N-117 For more questions, please call 519-842-7770. \$

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Zehrs Market Woodstock:	PC Express pickup option available, please go to the website to create your order. No fee for pickup at this time. Only credit option available for payment. Please call 519-421-3411 ext 411 for more questions related to the PC Express pickup option. https://www.zehrs.ca/store \$
Zehrs Tillsonburg	PC Express pickup option available, please go to the website to create your order https://www.zehrs.ca/store No fee for pickup at this time. Only credit option available for payment. Please call 519-842-9031 for more details. \$
FoodFund	<p>An online, subscription-based platform that connects imperfect or surplus produce from farms and distributors to households within the community. Each box supports local growers, keeps delicious produce out of landfills and allows you to invest towards a more socially conscious food system. Cost: \$10-\$40 based on size of box ordered Ordering: Order online. Payments made online by debit or credit card. No contracts, choosing to skip a week or cancelling is hassle-free Service Area: Woodstock, Ingersoll and Tillsonburg.</p> <p>Contact family@foodfund.ca to see if they will deliver to your address. Delivery: Delivered to your doorstep every Saturday (Woodstock)</p> <p>www.foodfund.ca</p>
Instacart	Instacart is a grocery store delivery option available online. Payment method of Credit/Debit only available for this service. When you go to the website https://www.instacart.ca/ please put in your postal code to see if this option is available for you. Fees range depending on your location. You can put the option to “leave your groceries outside your door” so you do not have to have contact with the individual delivering the groceries. Please review the website for more details. \$\$\$
Other	<p>Other services available: Skip the Dishes, GoodFood and Uber Eats: \$\$\$\$</p> <p>Other details for food services in Oxford, please visit 211.ca</p>